

Narrative example for the 1st item listed on the Summary Page Example

Type of Experience: Community Nutrition

Dates: January 5, 2014 to August 10, 2015;

Hours: 35 hours/ week Position: Community Nutritionist

Location: Sodium Savvy program, Institute of Food and Health
375 West 188th Street, New York, N.Y.
10040

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From January 5th 2014 to August 10th 2015 I was employed as a community nutritionist in the SodiumSavvy project at the Institute of Food and Health. As can be seen in the attached job description (1), the duties of this position included; writing articles on healthy eating for a community newspaper read by a diverse population; preparing hand-outs for a multi-cultural client population, with modified recipes – including nutritional analysis; obtaining diet histories from and providing diet counseling to – participants at Community Health Fairs conducted by the program, and collecting and analyzing statistics on Health Fair participants.

These activities are documented by the following Supporting Materials: examples of newspaper articles written by me during this program (2); a promotional flyer I created for the Community Health Fairs (3); a complete set of my recipe hand-outs with nutritional analysis (4); and a report I compiled to present the statistics collected on program participation to the program's sponsor agency (5).

Through these experiences I demonstrated my competency in the preparation of educational materials for a diverse client population, having participated in Community Health Fairs in many different locations, including Cornell University Cooperative Extension, AMG Advertising Agency, and Long Island Lighting. Through these activities I also demonstrated skills in interviewing, evaluating, and counseling people from all walks of life.

At the conclusion of the program cycle, I showed my skills in statistical analysis and presentation of statistical results as part of preparing the program evaluation report sent to the program's sponsor.

I am requesting 170 hours of Community Nutrition credit for these activities, by which I have met the following 2017 ACEND Competencies:

CRDN 1.1 Select indicators of program quality and/or customer service and measure achievement of objectives.

CRDN 1.3 Justify programs, products, services and care using appropriate evidence or data.

CRDN 1.5 Conduct projects using appropriate research methods, ethical procedures and data analysis. CRDN 2.3 Demonstrate active participation, teamwork and contributions in group settings.

CRDN 2.6 Refer clients and patients to other professionals and services when needs are beyond individual scope of practice.

CRDN 2.9 Participate in professional and community organizations.

CRDN 2.11 Show cultural competence/ sensitivity in interactions with clients, colleagues and staff. CRDN 3.5 Develop nutrition education materials that are culturally and age appropriate and designed for the educational level of the audience.

CRDN 3.6 Use effective education and counseling skills to facilitate behavior change.

CRDN 3.7 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management.

CRDN 3.8 Deliver respectful, science-based answers to client questions concerning emerging trends. CRDN 3.10 Develop and evaluate recipes, formulas and menus

for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.